

















# PROJECT HOLIDAY CHEER

#### **Guidelines for Volunteers**

#### **Number of Cards**

The project's goal is to ensure all nursing home residents in the Greater St. Louis, Northeastern Missouri, and Illinois regions receive holiday cards. That makes it our goal to collect 40,000 cards! Based on how many cards you and your group plan to make, you can be matched with a long-term care facility or two with a similar number of residents. How many you make is up to you!

## **Making and Purchasing Cards**

The cards can be either made or purchased, either way, we encourage you to put your personal touch into the cards.

### **Messaging Within Cards**

Residents of long-term care are widely diverse and may not celebrate the same holidays as you. Please use neutral sentiments such as 'Seasons Greetings' or 'Happy Holidays.' You are free to write more about the sentiment of the project, which is to celebrate the holiday season with long-term care residents and remind them that they are not alone.

## **Envelopes**

If your card includes an envelope, please do not seal it. If you are creating cards from scratch, they are not required to come with envelopes.